



RICHARD C. CAVEN, D.M.D.   
 ADVANCED SOLUTIONS FOR HEALTHY SMILES

# CAVEN CONNECTION

*Compliments of Dr. Richard C. Caven*

## News from the office of:



### Dr. Richard C. Caven

Welcome to our first newsletter for 2011! You're invited to share our resolution of making this the healthiest year ever, from both a dental and an overall health perspective.

We'd like to reinforce the importance of good oral hygiene and regular dental visits for your optimum dental health. An excellent preventive measure to avoiding serious dental problems is to maintain a regular checkup schedule, which will detect any problems early, before they become big, expensive issues.

If you haven't already booked your next checkup, please start the new year on a healthy note by calling for a dental appointment now.

We look forward to seeing you again soon!

*Richard Caven*  
 Dr. Richard C. Caven

**Don't forget to check out  
 our NEW website!  
[www.CavenDental.com](http://www.CavenDental.com)**

## CAD-CAM

As most of you know, last year Dr. Caven got a piece of CAD-CAM dental technology called CEREC®. With this, we can make custom crowns and onlays (partial crowns) with the most advanced dental material in the world. And all in the same day!

We love this technology because it is so fast and precise and you don't need traditional impressions, temporary crowns or second visits to the office. We utilize a High Definition camera to image the tooth and sophisticated computer programs to design and mill the restoration. It truly is the most advanced service available in dentistry. Oh yeah, usually it is less expensive also!



## AND

## Lasers in Dentistry

And recently we added a Dental Laser to complement the CEREC® machine. Dental Lasers are great and help things be more efficient and accurate to give you the best result possible.

But in addition to augmenting accuracy, Lasers can be used to reduce the pain from canker sores and lessen some tooth sensitivity. It can also help minimize typical herpetic ulcers, especially if we can catch them before they break out.

We are always committed to helping you get the best product available and these two pieces of technologies have been a quantum step to that end. Feel free to call us if you have any questions about this or anything else.



# In the Groove

We frequently see cavities forming in the chewing surface or grooves of teeth. The grooves are the weakest link of the tooth. They are so thin and small that the bristles of the toothbrush literally can't fit into them. But bacteria can easily get down the groove. So over the years, bacteria will damage the tooth. In this tiny hole, a larger cavity can start to form internally, unseen to the eye or to dental x-rays. It is like the tip of the iceberg. Here is an example of what we see:

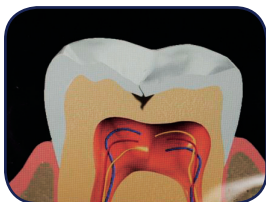
**Fig 1:** These are typical looking teeth with dark lines down the grooves. These are cavities.

**Fig 2:** This is a schematic showing how decay forms in a tooth and how it becomes larger internally.

**Fig 3:** This is a cross section of a tooth showing how the cavity is narrow at the top and how it opens up internally (the dark brown area). The dark line in the groove is really just the tip of the iceberg.



**Fig 1:**



**Fig 2:**



**Fig 3:**

## WHITENING FOR LIFE PROGRAM!

We have recently started a new way for you to have beautiful white teeth... FOR LIFE. If you whiten your teeth, we will supply you with new whitening refills at no charge at each of your routine hygiene appointments.

### The criteria:

- For patients that want beautiful, white smiles.
- There can be no cavities.
- There can be no periodontal disease.
- Refills are given only at scheduled hygiene appointments.

And to make this easier for people, we have actually drastically reduced the price of the take home whitening and ZOOM!® Whitening.

So enjoy a beautiful, whiter smile for less and FOR LIFE.

**Don't forget to check out our brand new website at [www.CavenDental.com](http://www.CavenDental.com).**

## Advanced Solutions for Healthy Smiles

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### Office Hours:

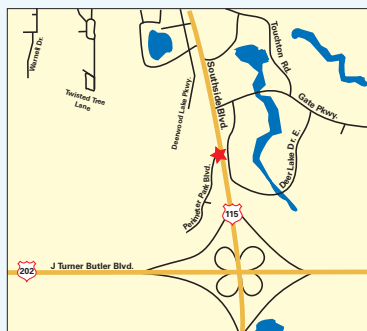
Mon., Wed.: 8 a.m. - 5 p.m.

Tues.: 7 a.m. - 4 p.m.

Thurs.: 7 a.m. - 3:30 p.m.

### Our Services Include:

- Cosmetic Dentistry
- Crowns
- Natural-Looking Fillings
- Tooth Whitening
- Porcelain Veneers
- Invisible Braces
- Implants
- Dentures
- Root Canal Therapy



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